

Engelska

WELCOME TO YOUR

# 18-month visit



## Hello adult!

At the 18-month visit, you will meet a nurse. As previous, we will follow up your child's health, growth and development. During your visit we also offer vaccination against measles, mumps and rubella. It is only one needle stick and it is usually given in the muscle of the upper arm but can also be administered in the leg.

Children like to know what is going to happen, just as we as adults. With the help of this folder, you can prepare your child by telling them about the visit and what the child will be going through.

You will also be offered a visit to the child health centre when your child is 3, 4 and 5 years old.



Scan the QR code or visit the website [1177.se/jamtland-harjedalen/barn](http://1177.se/jamtland-harjedalen/barn). There are facts and advice about children's health, development, rights, illnesses and care. Information on parenting can also be read.



## Hi kids!

It is now time for your 1.5-year visit” at the child health centre. On this visit, you and your parent(s) will meet the nurse.

### This is what you are going to do during your visit:

You will be measured and weight taken to see how much you've grown since your last visit.



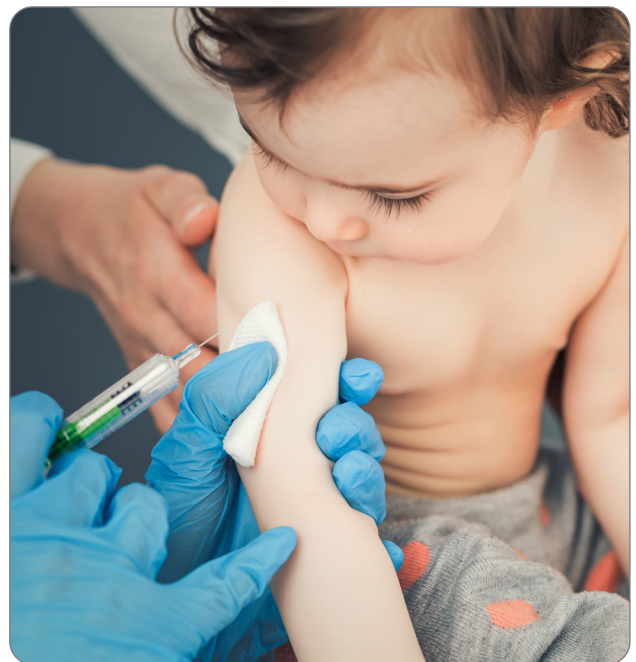
## Measure



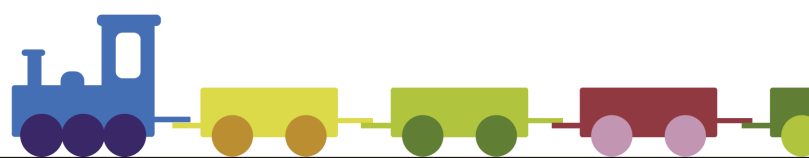
## Building with bricks



## Get a vaccination



## Draw





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Should you have any questions before your visit,  
please contact your child health centre.